Day:	Date:	/	/		Morning Prayer/Meditation Y N	
	Forgive me as I forgive othe				Read Scripture/Recovery Lit Y N Went to a Meeting Y N	
	correct me that I may better so	erve you.			Called Someone Sober Y N	
When w	ras I resentful, selfish, dishones	t, or afrai	id?			
Do I owe	anyone an apology?					
	they care that of care,					
Hove I la	ept something to myself that sho	ould be a	hored	ot on	Cent	
nave i ko	the something to mysen that she	bulu be s	nareu	at on	icer	
Was I kin	nd and loving toward all?					
What cou	ıld I have done better?					
Was I th	nking of myself or of what I cou	ld do for	others	s mos	et of the time?	
was I til	ining of myself of or what I edu	10 00 101	Other	, 11100	of the time.	
	/					
m 1 T						
Today I a	ım grateful for:					
Today I a	accept or surrender:					
Today's '	Thoughts, Feelings, Notes:					
Today S	mougino, recinigo, noces.					